

Invitation to the Froli Show Talk with Prof. Ingo Froböse

... doctor of fitness, pope of running, expert for health...
 Prof. Dr. Ingo Froböse is a man with many titles and labels!

**On Tuesday, 16 January 16.30 o'clock
 at the Froli booth**

he will speak about a perfectly suited topic for the
 bedding hall and Froli in general:

**>> Power through Rest –
 What We Can Learn from Professional Athletes! <<**

We look forward to an exciting talk and discussion!

Your Froli Team

*Following the talk we can have an 'end-of-the-day Koelsch' at the annual imm party
 meet@sleep.*



Univ.-Prof. Dr. Ingo Froböse

Born 1957, Studies in Sports Science at the German Sports University Cologne, Ph.D. 1986, Habilitation 1993, University Professor since 1995, Author.